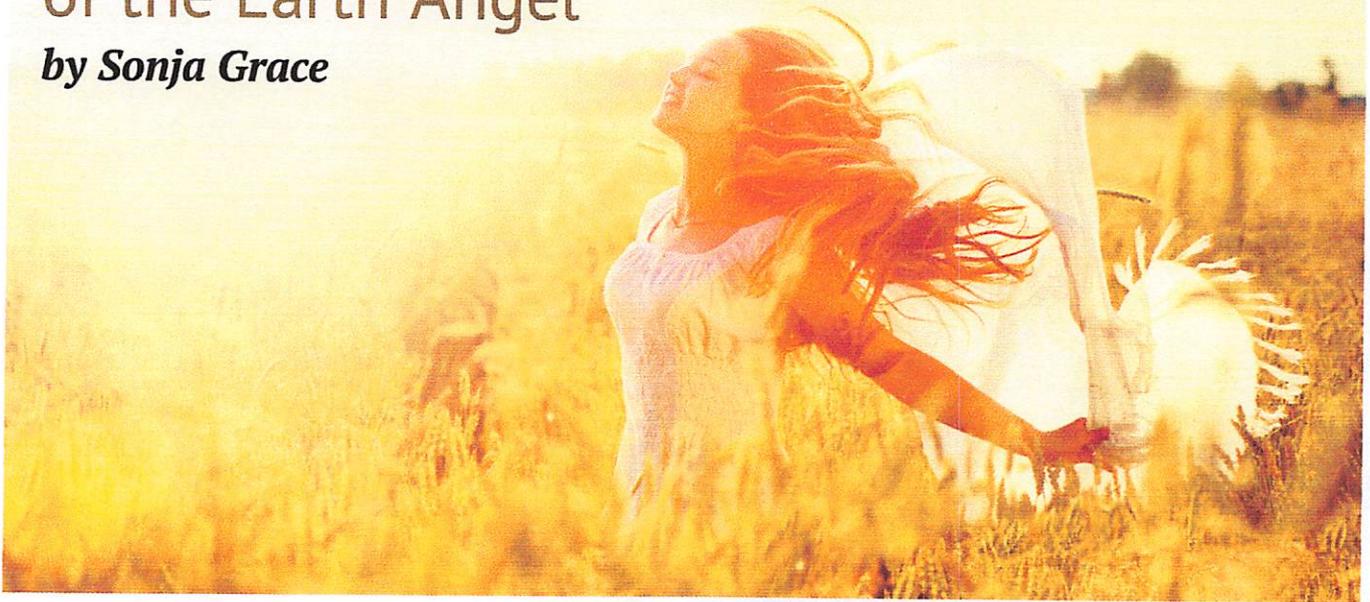


# Common Characteristics of the Earth Angel

by Sonja Grace



With new information about concepts such as the fifth dimension, the angelic realms, original consciousness and connecting to the divine energy, *Become an Earth Angel* offers comfort to many people who feel themselves out of place in this world, but have never understood why, or are inordinately sensitive and deeply intuitive.

There are a small but growing number of people like me walking the planet, people who have fully realized their path as an earth angel, but hundreds of thousands of others are beginning to feel the calling of their spiritual light, searching for answers and hoping to discover their path of service. At the same time our planet has moved into the fifth dimension, and we are about to witness the arrival of a new order of earth angels.

Earth angels share some similar characteristics, which I have listed below. However, as a spiritual teacher and an earth angel who sees and receives messages from the Divine, I am aware that the process involves your evolution in all areas, including the physical, mental, emotional, and spiritual bodies. Once on your path, it is vital that these characteristics are carefully nurtured and developed in the full understanding of their potential. What follows is drafted from my own experience and from the observations of others:

**AUTHENTICITY:** Earth angels are authentic. They know who they are and why they are here. They have found their own voice deep within themselves. There is no mask, no facade. There is no investment in the duality.

**NEED TO HELP OTHERS:** Earth angels share a need to be in service as a way of realizing their earth angel experience. No doubt you too recognize and empathize with the pain of others. Just standing in line in the store, I can “see” and “feel” the energy of others; I “know” what they need. Compassion and love pour from my very being, but at the same time my respect and boundaries for others remain intact, never intruding on someone but sharing my gifts with those who ask.

**INTEGRITY:** There are many ways to work with energy but the sign of a true earth angel is someone with integrity. When I am called to help others I maintain a space of compassion, no matter how important or trivial the issue.

**SENSITIVITY:** What sets an earth angel apart is that all of their senses, including intuition, are constantly open, and are often felt as an energetic acceleration. Many people experience an opening of one or two of these sensory systems, but it’s only the earth angel who experiences all senses at all times. Earth angels experience telepathy, along with vivid dreams and psychic translations of past, present, or future. They experience themselves as constantly in contact with the Divine.

**HUMILITY:** Humility allows earth angels to transcend the duality, for when they are humble they no longer need to attach themselves to anything. Gandhi lived his life with total humility and showed the world his true strength, his inner peace. The humility that comes from understanding the importance of the earth and all that she gives us is something an earth angel understands.

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**HEALING:** The gift of healing is something most earth angels are born with. Early signs in childhood show us the past life connection that inevitably brings the healing work to the forefront. The healing aspect is the most difficult for an earth angel, as it requires grounding, awareness, and selflessness. The healer is the one who understands how illness can serve us and helps others to see there is no victimization.

**COMPASSION:** Like Mother Teresa, earth angels understand there is no soul that gets left behind, for there is no separation between people, cultures, and religion. Compassion is the artist's palette whose colors I work with daily as I encounter so many stories of loss, pain, and hardship across the globe.

**SENSE OF PURPOSE:** Earth angels know their purpose, for it is deep within them and often discovered at a young age. Each day, I feel a deep sense of purpose. I always pray that my life is in alignment with the will of God and the Goddess, and that my work is for the highest good of everyone and the highest good of the universe.

**PAST LIVES:** The common thread connecting all earth angels is their experience of past lives as healers, mystics, or visionaries. Earth angels have worked throughout history helping people all over the world. The job of an earth angel is not for the faint of heart; it is for warriors who know where they have been and what they have done.

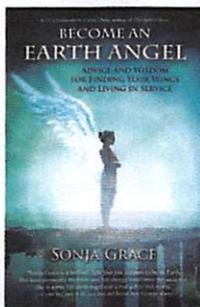
**LOVE:** The mission statement for humanity is to love at the deepest level of our beings. The path of the earth angel is one of service, of transcending the duality and embodying such a high vibration of love that there is no seam between this world and the spirit universe. The love I experience in my work is the foundation for all that I do as an earth angel. It is through that experience that I am able to love every person around the world equally, with as much love as I have for my own family.

Have you been called to serve?

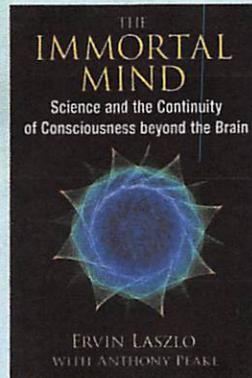


**MEET THE AUTHOR**  
SONJA GRACE has spent a lifetime traveling in the angelic realms, communicating with the archangels and sharing their wisdom. She is born of American Indian and Norwegian descent. A mystic healer, she has been counselling an international roster of clients for over thirty years offering immediate stability, healing and guidance. She lives in Portland, Oregon.  
**ON THE WEB**  
sonjagrace.com

**FURTHER READING**  
**BECOME AN EARTH ANGEL:** Advice and Wisdom for Finding Your Wings and Living in Service by Sonja Grace, Foreword by Cyndi Dale, published by Findhorn Press, paperback (160 pages).



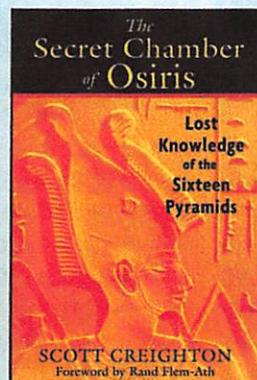
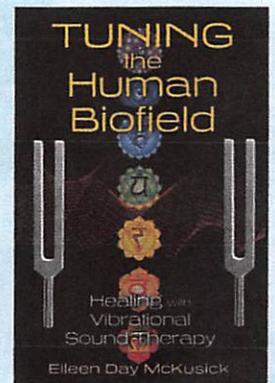
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