

AUTHOR, MYSTIC HEALER  
**SONJA GRACE**



Press Kit

# About Sonja Grace, Mystic Healer



Award winning author, Sonja Grace is an internationally known mystic and healer who offers immediate stability, clarity and guidance to clients around the world. For over thirty years she has helped people who suffer physically, mentally, emotionally, and spiritually. Sonja has a wide variety of talent to choose from in which she accesses her ability to channel and communicate with the Divine. She sees and receives messages from loved ones who have crossed over and offers a venue for healing in this world and the spirit world. Her ability to read and clear the karmic threads to past lives helps clients heal lifetimes of patterns.

She is an energy surgeon who defies time and space with her ability to spirit-travel to work with her clients wherever they are in the world; she performs all levels of healing, including restructuring tissue and repairing organs, bones, blood, and cells. She is able to execute all levels of her work from a distance and over the phone.

Sonja's ancestral background is a fascinating blend of Native American Choctaw and Cherokee descent and Norwegian. She is adopted on the Hopi Reservation, where she is considered a medicine woman.

Sonja is the author of six books, her most recent [\*Odin and the Nine Realms Oracle\*](#) is published by Findhorn Press/ Inner Traditions. She is featured on GAIA TV's Great Minds, Inspirations and Ancient Civilizations as well as Beyond Belief with George Noory and Coast to Coast AM. She currently lives in Arizona.

## Featured On





# Television Appearances



Gaia TV: Communicating with Spirits of History ([View Preview Here](#))



Gaia TV: Great Minds ([View Here](#))



Gaia TV: Beyond Belief with George Noory ([View Here](#))



KATU / AM NW Interview ([View Here](#))



Better.tv Interview ([View Here](#))










Gaiam TV Interview ([View Here](#))



Virtual Light Broadcast ([View Here](#))

# Radio Interviews

Jan 22, 2020	<b>Beyond 50 Radio Show</b> Predictions for 2020	with Daniel Davis	 <a href="#">Listen Now</a>
July 31, 2019	<b>Higher Journeys</b>	with Alexis Brooks	 <a href="#">Listen Now</a>
July 14, 2019	<b>Lost Origins</b>	with CK and Andrew	 <a href="#">Listen Now</a>
May 25, 2019	<b>Fade to Black</b>	with Jimmy Church	 <a href="#">Listen Now</a>
Sept 17, 2018	<b>Dr. Pat Show</b>	with Dr. Pat	 <a href="#">Listen Now</a>
April 4, 2018	<b>Fade to Black</b>	with Jimmy Church	 <a href="#">Listen Now</a>
Feb 7, 2018	<b>Between Heaven and Earth</b>	with Lisa K.	 <a href="#">Listen Now</a>

For more radio interviews, please visit the page '[Sonja Grace On the Radio](#)'.

# Magazines



Sonja Grace on the cover of the [February 2017 issue of The Life Connection Magazine](#)



Sonja Grace on the cover of the [January/February 2017 Issue of Awareness Magazine](#)



Sonja Grace featured on the cover of the Nov/Dec 2014 cover of [Awareness Magazine](#).



See Sonja Grace's article in the Spring 2015 issue of Watkins Magazine, called "[Common Characteristics of the Earth Angel.](#)"





Sonja Grace is featured in the National Enquirer with 2015 predictions.

[See the online version here.](#)

[Unraveling the Past by Sonja Grace](#)



Sonja Grace's new book 'Become an Earth Angel, Advice and Wisdom for Finding Your Wings and Living in Service' is [Aspire Magazine's Top 10 Inspiring Books for July 2014.](#)

An article written by Sonja Grace, 'Common Characteristics of the Earth Angel' is part of the [August/September 2014 issue of Aspire Magazine](#)



See Sonja Grace's article, '[My Life As an Earth Angel: Choosing a Path of Service](#)' in the August, 2014 issue of OM Times Magazine.



See Sonja Grace's article, '[Common Characteristics of the Earth Angel](#)' on pages 62-63 in the August/September issue of Earth Star Magazine.



Sonja Grace's book featured on the [DailyOm.com](#).



Review of Sonja Grace's new book at [mysticlivingtoday.com](#)



[Magazine](#) - a quarterly industry magazine for CThA (Complimentary Therapists Association) Members.

Sonja's book featured in the Fall 2014 [Embody](#)

## Testimonials

"Sonja is a wise angel here on planet earth. She gifts the reader with so many wisdoms and understandings that can truly guide the seeker."

- **Donna Eden, author of Energy Medicine**

"Sonja Grace is a brilliant light that just happens to be on Earth. Her love permeates the room and her energy transforms the audience. She is a true life earth angel and a real gift to this world."

- **Coast to Coast A.M. and Beyond Belief host George Noory**

[Read More Testimonials here.](#)



# Media Images



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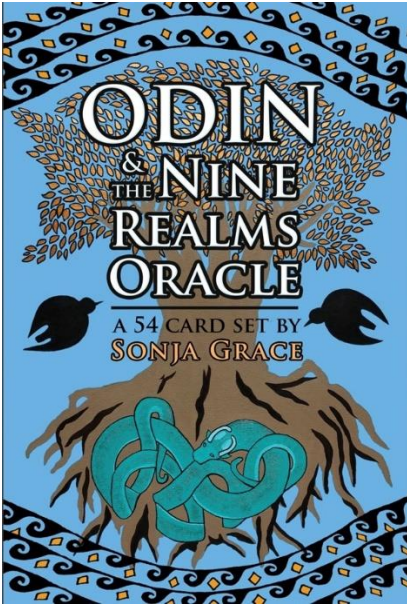


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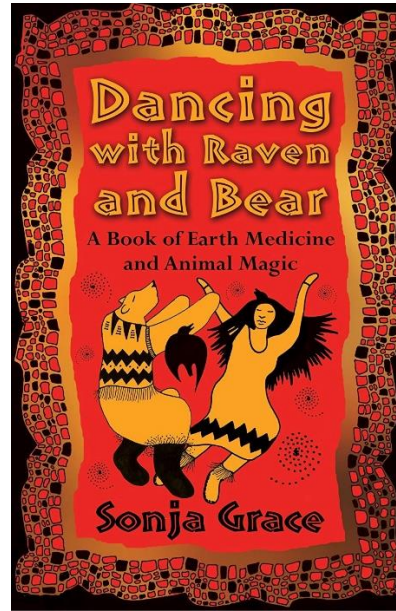
# Books



Odin and the Nine Realms Oracle

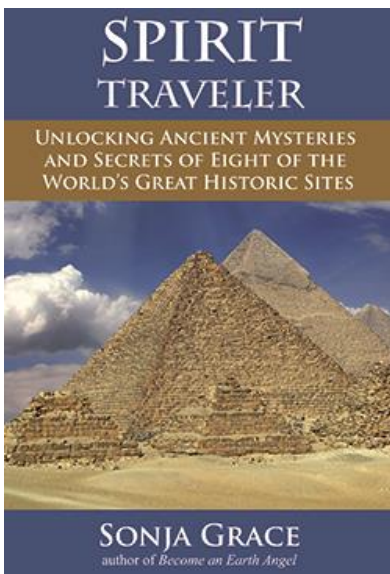
Deepen your connection to spirit and follow your life's path with the ancient wisdom of this powerful Norse oracle card deck.

[Learn More](#)



Dancing with Raven and Bear:  
A Book of Earth Medicine and Animal Magic

[Learn More](#)



Spirit Traveler: Unlocking Ancient Mysteries and Secrets of Eight of the World's Great Historic Sites from Findhorn Press

[Learn More here](#) and [here](#)



Become an Earth Angel, Advice and Wisdom for Finding Your Wings and Living in Service

[Read a Sample at Amazon.](#)


See more of Sonja Grace's Books, CDs and other products on the page '[Sonja's Grace's Gift Shop](#)'



# Events

Sonja schedules meditation retreats and healing workshops regularly. To see the upcoming events, please visit the page '[Retreats and Workshops](#)'.

## Past Meditation Retreats & Workshops:



**MEDITATION CIRCLE**  
WITH MYSTIC HEALER  
**SONJA GRACE**

**SATURDAY  
MAR 21  
2020  
2-4:30PM PST  
\$65**

**ONLINE WORKSHOP**  
LEARN MORE AT [SONJAGRACE.COM](http://SONJAGRACE.COM)

Image of Sonja Grace and book cover for *ODIN the NINE REALMS ORACLE*.



AUTHOR, MYSTIC HEALER  
**SONJA GRACE**

**ANIMAL MAGIC  
AND EARTH MEDICINE**

In this workshop, Sonja shares a new spiritual truth to our many questions about love, life, death, and the soul journey from her unique cultural lens. Combining sacred ancient Hopi wisdom and Norwegian folklore, Sonja directs her students through healing and processing within the chakras, accessing each person's animal totem.

**1440  
MULTIVERSITY**

Scotts Valley, CA  
Feb 28 - Mar 1, 2020

As an energy surgeon and remote healer, Sonja Grace has been counseling an international roster of clients for over thirty years. The award winning author of *Spirit Traveler*, *Become an Earth Angel*, *Dancing with Raven and Bear*, and *Odin and the Nine Realms Oracle*, Sonja has appeared multiple times with George Noory on *Beyond Belief* and *Coast to Coast AM*. Sonja is featured on *Great Minds*, *Inspirations* and *Ancient Civilizations* on GAIA TV.

For more info, visit [SonjaGrace.com](http://SonjaGrace.com)

Image of Sonja Grace holding books *Dancing with Raven and Bear* and *ODIN the NINE REALMS ORACLE*.



**MEDITATION CIRCLE**  
WITH MYSTIC HEALER  
**SONJA GRACE**

**NOV 23, 2019  
2PM - 4:30PM, \$65**

**HAMPTON INN, HILLSBORO, OR**  
LEARN MORE AT [SONJAGRACE.COM](http://SONJAGRACE.COM)

Image of Sonja Grace in a meditative pose and book cover for *ODIN the NINE REALMS ORACLE*.



**EARTH CIRCLE  
MEDIATION RETREAT**

Big Bear Camp in Walton, OR  
October 4-7, 2018

Get ready to dream while you are awake and step into the sacred Earth Circle. Feel the vibration of this great planet and connect with her song. Meditation, cellular yoga, movement, nature walks and evening fire ceremony will bring you into the circle of the Goddess.

[www.SonjaGrace.com](http://www.SonjaGrace.com)

Image of Sonja Grace standing in a forest.



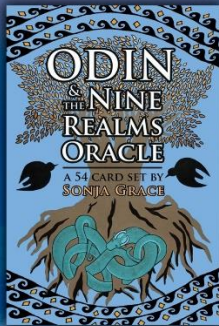


# SACRED SKY MEDITATION RETREAT



WITH SONJA GRACE

Pu'u O Hoku Ranch, Molokai, Hawaii  
January 16-19, 2020



Join Sonja Grace on the island of Molokai in Hawaii and experience four days of ceremony, grounding, meditation, processing, healing, and a deep connection to the earth and sky. Sonja guides participants to a new understanding of the cosmos through energy and grid work.

Find Out More at [SonjaGrace.com](http://SonjaGrace.com)



## The Journey Into Peace Meditation Retreat with Sonja Grace

Experience the Earth and connect with her energetically  
allowing for healing at a deeper level.

Gain tools that help dissolve and release fear and anxiety.

Discover where you doubt yourself and lack trust.

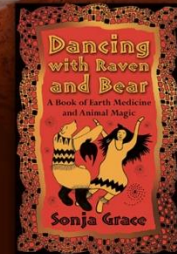
Learn how to live each moment in a state of peace.



Mar 28 - Apr 1, 2019 Bluff, Utah

Join award-winning author and mystic healer, Sonja Grace for a four-day meditation retreat. Dive deep into inner processing that Sonja guides through her signature grounding meditation and inner child work.

Learn More at [www.SonjaGrace.com](http://www.SonjaGrace.com)



With Love,

*Sonja Grace*

SonjaGrace.com

928-277-0585